



News from Miss Tanner...



Congratulations to our 2018 graduates!

Our Children's University students achieved **over 1310 hours** of learning outside of the classroom this year and **over 1870 hours** overall. **AMAZING effort! Well done!**



"The Children's University students went to the graduation on Tuesday at the Adelaide University. We got to wear a cap and a special gown. Then one by one we got to go on stage to get our certificate and our picture with the Chancellor. After the ceremony there was a party and some of us got to sing!"

**By Emily and Kimberly
Room 7**



<https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning>

Social and Emotional Skills at home

Skill	Needs to learn	How to support
Self-awareness	Doesn't recognise she is wound up.	To recognise she is feeling excited and how it affects her. Name it: "You seem pretty excited. You might tire yourself out using up all that energy before we even get there!"
Social awareness	Doesn't take account of others' needs.	To understand how others have different feelings and needs from hers. Ask/explain: "See how the baby is getting upset? He wants you to stop poking him."
Self-management	Doesn't know how to contain her excitement.	To be able to be excited without annoying others. Redirect: "Let's see if you can use that energy to help us get ready."
Skill	Needs to learn	How to support
Self-awareness	To recognise that she is angry and remember that she can work this out calmly.	Show you understand: "I can understand why you would feel angry." Prompt: "Let's think this through."
Social awareness	To understand her sister's point of view: as a preschooler she thinks the homework just paper to draw on	Encourage perspective-taking: "Meg didn't realise it was important I don't think she did it on purpose – do you?"
Self-management	To use strategies that help her to calm down.	Show and encourage: "We can sort this out better when we do it calmly."
Responsible decision-making	To not leave homework lying around.	Ask: "What do you need to do to fix it this time? What can you do next time so it won't happen again?"
Relationship skills	To be able to discuss the issue with a parent or carer and to explain her feelings to Meg in your things again.	Show and praise: "How about telling Meg that you're unhappy and you don't want her to draw on "Thanks for working it out calmly. I'm impressed with the way you've

